Professional Notice

To: Pharmacy Practitioners
From: Nova Scotia College of Pharmacists
Date: April 12, 2022
Re: Lyme Disease

With the weather getting warmer, pharmacists are encouraged to refresh their knowledge regarding the prevention of tick-borne diseases, including Lyme disease, and the role pharmacists are authorized to play, by reviewing these resources:

- *Standards of Practice: Prescribing Drugs, Appendix G – Prescribing for a Diagnosis Supported by a Protocol*
  
  **Note:** that pharmacists may only prescribe for the **prevention** of Lyme disease when an individual is **asymptomatic**. Individuals who are presenting with an erythema migrans rash or other possible symptoms of Lyme disease should **not** be prescribed the single dose chemoprophylaxis.

  Individuals with a rash or other symptoms need to be assessed by a physician or nurse practitioner for treatment.

- *Guidance for Primary Care and Emergency Medicine Providers in the Management of Lyme Disease in Nova Scotia* (Nova Scotia Infectious Diseases Expert Group)

- *Lyme Disease* (Nova Scotia Department of Health and Wellness)

Other resources that may be helpful in responding to patient questions include:

- *Addressing Lyme Disease Misinformation* (Nova Scotia Department of Health and Wellness)
- *The Facts About Lyme Disease: What You Need to Know* (AMMI)
- *Position Statement on the Diagnosis and Treatment of People Who Have Chronic Symptoms Attributed to Lyme Disease* (AMMI)